# ST PAUL'S LUTHERAN

### Re: St Paul's Inter-House Swimming Carnival Nominations

Dear Parents and Caregivers of Year 3 – 6 Students

Please take the time to discuss with your child, the events that he/she is willing and able to compete in at the St Paul's Inter-House Swimming Carnival this year. We are encouraging participation in at least one event by all able students. On the slip below, students must nominate which stroke/s and distance/s they can safely swim and take part in, keeping in mind they will be competing in accordance to their age group NOT their year level.

At the beginning of the day, the kick board races will be running for those students who do not wish to participate in 25m or 50m stroke events. Please see program attached.

Please note, ONLY 50 meter events score points towards the age championship and potentially qualify your child to attend the Inter-Lutheran Swimming Carnival.

For entertainment value at the end of the day, we are intending (time permitted) to hold a <u>novelty</u> relay race. We would like to put together at least one relay swim team of parents to compete against a staff swim team, as well as senior student teams. The relay will only require each participant to swim 25m. Any interested and enthusiastic contenders, please email <u>igall@stpaulslps.qld.edu.au</u>. Please note that it is very much appreciated.

Thank you for taking the time to help your child have a better understanding of their involvement in the competition.

Miss Jessica Gall

## **PE Teacher and Sports Coordinator**

<b>X</b>	
	St Paul's Inter House Swimming Carnival



## St Paul's Inter-House Swimming Carnival Friday 22 February 2019 Nominations

\	Name:	Class:	House:
,	Sirala vacus and avacus.		

#### Circle your age group:

8 Years Old 9 Years Old 10 Years Old 11 Years Old 12 Years Old 13 Years (Born 2011) (Born 2010) (Born 2009) (Born 2008) (Born 2007) (Born 2006)

# Circle the event/s you can safely compete in:

#### Choose ONLY 1 distance for each stroke:

Freestyle 50m or Freestyle 25m or Kickboard 25m

Backstroke 50m

Breaststroke 50m

Breaststroke 25m

Butterfly 50m

Butterfly 25m



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# PLEASE RETURN THIS SLIP TO YOUR CLASSROOM TEACHER BY FRIDAY 15 FEBRUARY 2019.

	ST	PAULS' Inter- House Swimmi	ng Carnival 20	19	37	Freestyle	8/9 <u>yr</u> old		25m	Boys	
	(Leave schoo	l- 8:45am Start events- By	9:30am Finis	h - 2:30pm	38	Freestyle	8/9 <u>yr</u> old		25m	Girls	
Event	Stroke	Age Group	Distance	Gender	39	Freestyle	10 yr old		25m	Boys	
event	STroke	Age Group	DISTANCE	Gender	40	Freestyle	10 yr old		25m	Girls	
					41	Freestyle	11 yr old		25m	Boys	
1	Kick Board Race	8/9 xr old born 2011/2010	25m	B & G	42	Freestyle	11 yr old		25m	Girls	
2	Kick Board Race	10 yr old born 2009	25m	B & G	43	Freestyle	12 yr old		25m	Boys	
3	Kick Board Race	11 yr old born 2008	25m	B & G	44	Freestyle	12 yr old		25m	Girls	
4	Kick Board Race	12yr old born 2007	25m	B & G	45	Backstroke	8/9 <u>yr</u> old		25m	Boys	
5	Freestyle	8/9 <u>yr</u> old	50m	Boys	46	Backstroke	8/9 <u>yr</u> old		25m	Girls	
6	Freestyle	8/9 <u>yr</u> old	50m	Girls	47 48	Backstroke Backstroke	10 yr old 10 yr old		25m 25m	Boys Girls	
7	Freestyle	10 yr old	50m	Boys	48 49	Backstroke Backstroke	11 yr old		25m 25m	Boys	
8	Freestyle	10 yr old	50m	Girls	50	Backstroke	11 yr old		25m	Girls	only 50m
9	Freestyle	11 yr old	50m	Boys	51	Backstroke	12 yr old		25m	Boys	events score
10	Freestyle	11 yr old	50m	Girls	52	Backstroke	12 yr old		25m	Girls	points for
11	Freestyle	12 yr old	50m	Boys	53	Breaststroke	8/9 yr old		25m	Boys	AGE
12	Freestyle	12 yr old	50m	Girls	54	Breaststroke	8/9 xr old		25m	Girls	CHAMPIONS
13	Backstroke	8/9 yr old	50m	Boys	55	Breaststroke	10 yr old		25m	Boys	
14	Backstroke	8/9 yr old	50m	Girls	56	Breaststroke	10 yr old		25m	Girls	
15	Backstroke	10 yr old	50m	Boys	57	Breaststroke	11 yr old		25m	Boys	
16	Backstroke	10 yr old	50m	Girls	58	Breaststroke	11 yr old		25m	Girls	
17	Backstroke	11 yr old	50m	Boys	59	Breaststroke	12 yr old		25m	Boys	
18	Backstroke	11 yr old	50m	Girls	60	Breaststroke	12 yr old		25m	Girls	
19	Backstroke	12 yr old	50m	Boys	61	Butterfly	8/9 <u>yr</u> old		25m	Boys	
20	Backstroke	12 yr old	50m	Girls	62	Butterfly	8/9 <u>yr</u> old		25m	Girls	
21	Breaststroke	8/9 vr old	50m	Boys	63 64	Butterfly	10 yr old		25m 25m	Boys	
22	Breaststroke	8/9 yr old	50m	Girls	65	Butterfly	10 yr old		25m 25m	Girls	
23	Breaststroke	10 yr old	50m	Boys	66	Butterfly Butterfly	11 yr old 11 yr old		25m 25m	Boys Girls	
24	Breaststroke	10 yr old	50m	Girls	67	Butterfly	12 yr old		25m	Boys	
25	Breaststroke		50m		68	Butterfly	12 yr old		25m	Girls	
26	Breaststroke Breaststroke	11 yr old	50m	Boys Girls	69	4 X 25m relay	8/9 xc old		100m	B & G	
		11 yr old			70	4 X 25m relay	10 yr old		100m	B & G	
27	Breaststroke	12 yr old	50m	Boys	71	4 X 25m relay	11 yr old		100m	B & G	
28	Breaststroke	12 yr old	50m	Girls	72	4 X 25m relay	12 yr old		100m	B & G	
29	Butterfly	8/9 vc old	50m	Boys	73	NOVELTY	Staff/Parents	s/			
30	Butterfly	8/9 <u>xc</u> old	50m	Girls		RELAY	Sports captai	ns			
31	Butterfly	10 yr old	50m	Boys				Pa	rticipation poin	ts = 1 point per	event
32	Butterfly	10 yr old	50m	Girls				50 m events	SCORING	25 m events	SCORING
33	Butterfly	11 yr old	50m	Boys				First	8 points	First	4 points
34	Butterfly	11 yr old	50m	Girls				Second	4 points	Second	2 points
35	Butterfly	12 yr old	50m	Boys				Third	2 point	Third	1 point
36	Butterfly	12 yr old	50m	Girls							