

CASUAL TUCKSHOP MENU

If Parents need Tuckshop in a hurry, we have devised a casual menu that can be ordered on the day by writing a bag and paying by cash at Tuckshop or card at the office. This is an abbreviated menu of items that may be on hand. Speak to Jenny for any special requirements.

MORNING TEA snacks – EVERY DAY

Apple slinky	\$1.50
Orange wedges	\$2.00
Banana bread	\$2.00
Brownie	\$2.00
Popcorn	\$1.00
Boiled egg	\$1.00
Cheese/carrot & crackers	\$2.50
Gingerbread student	\$1.50
Pikelets	\$1.80
Gluten free brownie	\$2.00

Daily specials – EVERY DAY

Spaghetti Bolognese / cheese	\$3.50/\$4.00
Nachos	\$3.00
Hommus and Vegie Stix	\$2.00
Sausage Rolls Sml /Lge	\$2.00/\$3.00
Pies Sml/Cottage /Lge	\$2.00/\$4.00

Daily specials – WEDNESDAY LUNCH

Fried Rice	\$4.00
Chicken nuggets (3)	\$2.50
Sauce	.50

Daily specials – THURSDAY LUNCH

Macaroni and cheese	\$3.50
Dino nuggets (3)	\$2.50
Sauce	.50

Daily specials – FRIDAY LUNCH

Sweet potato fries	\$2.50
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Drinks & Ice Blocks – EVERY DAY – MORNING TEA & LUNCH

Milks	\$2.50
Ice blocks / Ice cream	\$1.20/\$2.00
Smooze coconut Ice block	\$2.00
Water	\$1.50

St Paul's Lutheran Primary School TUCKSHOP MENU



St Paul's School Tuckshop has a convenient ordering system, which is cash free and online.

Tuckshop orders will be processed though Flexischools and gives parents and caregivers peace of mind that their orders and payments are received accurately by the school.

Registration online is easy.

- Go to www.flexischools.com.au.
- Click REGISTER NOW.
- Enter your email.
- You will be emailed a link to an online form, follow the link.
- Choose a username and password and complete the form.
- Add each student and their class.
- Top-up the account when needed (preferred option).
- Place your order for Wednesday, Thursday or Friday each week by 9.00am Tuesday mornings.
- Please choose a confirmation email to check your completed order.
- If your child is absent from school for a Tuckshop day please cancel your order through Flexischools prior to 7:30am on the day or let tuckshop know by 9:00am.

Each fortnight there may be one special menu item. Please check the newsletter for the current special.

Every day options

SNACKS – Wednesday, Thursday & Friday – MORNING TEA & LUNCH

Piece of fruit (apple or banana)	.80
Apple slinky	\$1.50
Sweet corn	\$1.50
Fruit salad	\$3.00
Orange wedges	\$2.00
Banana bread	\$2.00
Brownie	\$2.00
Lamington	\$2.00
Fruit muffin	\$2.00
Popcorn	\$1.00
Boiled egg	\$1.00
Cheese/carrot & crackers	\$2.50
Gingerbread student	\$1.50
Vanilla custard	\$1.50
Pikelets	\$1.80
Gluten free brownie	\$2.00
Gluten free vanilla cupcake	\$2.00

LUNCH – Wednesday, Thursday & Friday

Small salad BOWL	\$3.00
Ham/chicken salad BOWL	\$3.50
Large salad BOX	\$4.00
Ham/chicken salad BOX	\$4.50
Salad dressing / Mayo	.50

Sandwiches – Wednesday, Thursday & Friday

Ham	\$3.00
Chicken	\$3.00
Ham & cheese	\$3.70
Chicken & cheese	\$3.70
Ham, cheese & tomato	\$3.70
Meat & salad	\$4.00
Salad	\$3.50
Egg & lettuce	\$3.00
Vegemite/honey	\$2.00
Cheese	\$2.00
Wrap/roll/toasting	.50

Note: cheese used in tuckshop contains non-animal rennet and gelatin is not used in any products. Some items can be modified to vegetarian. Please consult tuckshop.

Online orders only via www.flexischools.com.au

Daily Specials – EVERY DAY

Spaghetti Bolognese	\$3.50
Add cheese	.50
Nachos	\$3.00
Hommus and Vegie Stix	\$2.00

Daily Specials – WEDNESDAY LUNCH

Fried Rice	\$4.00
Chicken nuggets (3)	\$2.50
Sauce	.50

Daily Specials – THURSDAY LUNCH

Vegie burger	\$4.50
Hamburger	\$4.50
Dino nuggets (3)	\$2.50
Dinoburger	\$4.50

Daily Specials – FRIDAY LUNCH

Sweet potato fries	\$2.50
Ham & cheese pizza	\$3.50
Cheese pizza	\$3.00
Hot dog / Sauce	\$3.50 / \$4.00

Drinks & Ice Blocks – Wednesday, Thursday & Friday – MORNING TEA & LUNCH

Milks	\$2.50
Ice blocks/ Ice cream	\$1.20/\$2.00
Smooze coconut ice block	\$2.00
Water	\$1.50

To guarantee supply, these items must be ordered online through Flexischools by 9:00am Tuesdays.

There are many ingredients that can be added or subtracted through Flexischools to achieve exactly the food that is required.