

Would your child like to ‘HAVE A GO AT NETBALL’?

If so, GSP Netball invites your child to come along to their ‘HAVE A GO AT NETBALL’ afternoon at St Paul’s Lutheran Primary School on Thursday 7 February from 3.30-4.30pm (held at their netball court).

This session is open to St Paul’s children that are ‘new to netball’ and would like to have a little taster session to see if they enjoy netball and are keen to play this year or in the future with our club. Players need to be turning 5 (as at 9 March 2019) and older.

This session is free and will be based on the Netball Australia Net Set Go program run by accredited GSP Netball coaches. There will be an opportunity to sign up to play netball for GSP for the winter season from March to August 2019.

Should you like further information, please contact Heather Ball: heather_ball@glc.qld.edu.au or 0411 712 949.

GSP Netball Club !!! REGISTRATIONS OPEN !!!

Registration is now open to join GSP Netball Club for the winter 2019 season.

Head to <http://www.caboolturegsp.qld.netball.com.au/> and click on the **REGISTER TO PLAY** menu item. This will provide further information and links to MyNetball registration.

Also check out the **GSP Netball Grading policy** and the **2019 Start Up Calendar** under the **RESOURCES** menu which includes important dates, such as:

• **Thu 24 Jan** – St Paul’s Family Admin Day. GSP Netball Club will be there for families interested in signing-up or to provide further information.

• **Wed 30 Jan** – 3.30-5pm – GSP Family Info at Grace Lutheran College, Caboolture (adjacent to undercover courts).

• **Sat 9 Feb** – 9am-12noon – GSP Netball Club Trails

Please contact Ritika Singh: ritu_2130@yahoo.com or 0424 315 760 or Heather Ball: heather_ball@glc.qld.edu.au or 0411 712 949 about any concerns you may be having with your registration.

For GSP Netball uniform enquiries, please contact the GSP Uniform Convenor, Sarah McIntyre by email sarahmcintyre05@gmail.com.



Let’s be friends

@StPaulsLutheranPrimary School

@StPaulsLutheranKindy

@SPLCCaboolture

Join the P&F closed group:
<https://www.facebook.com/groups/SPLPSPandF/>

UNIFORM SHOP

Wednesdays

8.00am-9.00am
& 2.30-3.30pm

Fridays

8.00am-9.00am

Orders can be submitted online on Flexischools and delivered to students on uniform shop days.

SCHOOL TIMES

8.00am

Students Supervised

8.20am

Warning Bell to Classes

8.30am

Learning Begins

10.50am - 11.30pm

Morning Recess

12.50pm - 1.30pm

Lunch

3.00pm

End of School Day

ASSEMBLY TIMES

Senior Assembly

Thursday 8.45pm

Junior Assembly

Friday 1.30pm

CHAPEL TIMES

Senior Chapel

Wednesday 8.35pm

Junior Chapel

Wednesday 9.05am

ST PAUL’S LUTHERAN PRIMARY SCHOOL
NEWSLETTER
Term 1 Week 1
29 January 2019

St Paul’s Lutheran Church Services Sunday 8am & 9.30am
If you have questions about the Christian Faith please contact Pastor Mike 0421 131 965.

Diary Dates
2019

Wednesday 30 January

Opening Chapel

Sunday 3 February

Staff Dedication Service 9.30am

Monday 4 - 15 February

Senior Swimming Yr 4-Yr 6

Monday 4 February

Prep

Parent Information Evening 5.45-6.45pm

Tuesday 5 February

Year 1

Parent Information Evening 5.45-6.45pm

Wednesday 6 February

Year 2

Parent Information Evening 5.45-6.45pm

Thursday 7 February

Year 3

Parent Information Evening 5.45-6.45pm

The following devotion was shared with the staff last week as we prepared for the new school year. Our ongoing challenge and expectation is that we do everything in love every day. Love is action!

Love is a verb, not a noun

This is how we know what love is: Christ gave his life for us. We too, then, ought to give our lives for others! If we are rich and see others in need, yet close our hearts against them, how can we claim that we love God? My children, our love should not be just words and talk; it must be true love, which shows itself in action. (verses 16-18)

She said she loved him, but she tired of him and went her own way in search of a more exciting life. I say, ‘I love my friend’, but I don’t defend him when someone says something unkind about him.

They had been married fifty years. He had never told her he loved her in so many words, but when she became ill he lovingly cared for her. Even when she no longer recognised him and needed specialised care, he visited her every day, feeding her and holding her hand.

Love is a verb not a noun. Love isn’t genuine unless it’s shown in what we do. Love is action. It’s a verb, a ‘doing’ word.

This means that if we say we love God we have to do something as well. To demonstrate love for God is to demonstrate love for others. Actions speak louder than words. Ask God to help you define the true meaning of love by what you do for others.

Dear Jesus, I love you. Please help me to show this love in what I do for others. Amen.



PRINCIPAL’S MESSAGE

Dear Parents and Caregivers

Welcome back to the 2019 school year! I trust that you have had a great summer break with your family and friends. It is wonderful to have you back safe and sound. Breaking out of routines and trying new things is energizing and stimulating for the mind. Having quality time to reflect on the past year has reminded me to practice gratitude each and every day. After “people gazing” in a shopping mall during the break and seeing so many people disengaged with one another but wholly engaged in technology, I have also decided to look up more in 2019. What are some of your positive intentions for 2019? We thank God for rest, reconnecting and safe travels during the holiday time.

A very special welcome is extended to the many new families who will be joining the St Paul’s community. We look forward to a long and rewarding relationship with you and your child. We also welcome Mrs. Amanda Miller [Senior School Japanese], Mrs. Mel Kerr [Year 5] who has returned from maternity leave as well as Mrs. Keshena Riddell and Mrs. Linda Larkin returning as Teachers’ Assistants in our Learning Support Program. I would like to acknowledge and thank ALL the staff for their hard work over the past fortnight in getting the learning areas, learning programs and school ready for the arrival of the students. Last week Thursday’s Family Administration Day [FAD] will also ensure that the students settle in well to the new school year.

Over the summer break a number of building and maintenance projects have taken place around the school. The Year 3 students have arrived back to occupy the next Agile Learning Lab as we continue the growth of Flexible Learning across the whole school. Further furniture items have also been provided across all year levels to support our rich learning philosophy. New concrete art, a Junior School yard toy car track and extensive landscaping has also been added around the school. I am especially excited to see the creation of an Easter Garden, under the watchful eye of Mrs. Lois Kube and Mrs. Karen Dickens, take shape outside the main office block. Thank you to those who have been involved in overseeing these projects.

Our school theme for 2019 is **BELIEVE!** Our theme will focus on Believing in oneself, Believing in every student in our care and growing our Belief as Christians as we get to know more about Jesus. Our Bible verse for this year comes from Mark 3:36, “Don’t be afraid, just believe.”

Date claimers:

The following important events will be held at the school over the next fortnight:

- **Parent Information Meetings: Prep – Year 6.** Each year group has been allocated an evening during which time you will be able to meet your child’s



SOFTBALL

2018 Winter Competition commences - 6th April

BEGINNERS & EXPERIENCED PLAYERS OF ALL AGES WELCOME

- Tee Ball / Rookie Ball • (5 to 8 years old)
- Under 12 • (9 to 11 years old)
- Under 14 • (11 to 13 years old)
- Under 16 • (13 to 15 years old)
- Senior Competition • (16 years old +)

CABOOLTURE SPORTS SOFTBALL ASSOCIATION

Dances Road Sports Complex | Dances Road | Caboolture

For more information: 0412 700 088

Website: www.caboolturesoftball.com.au

Email: admin@caboolturesoftball.com.au

Like Us On

year level teaching team, between 5:45pm – 6:45pm, and receive first-hand information regarding the ongoing working relationship and expectations for all the stakeholders concerned. More detailed information about these meetings will be provided for you by your child’s teachers this week.

Installation of new staff and dedication service. I would like to invite all our families to attend this service on Sunday [3 February]. This service will begin at 9:30am and will be held in the church [Chapel].

Being punctual
As we begin the new school year, I would like to appeal to every family to ensure that your child is on time for the start of school each day. We would like all our students to be at school by 8:30am. This will ensure that your child has a settled start to each day and that their late arrival does not impact on the morning routines of their class. Research tells us that being late by just 5 minutes every day will result in your child missing out on 3 weeks of school during the year.

Congratulations to those students who were recognized for their growth in learning and living at our Closing Chapel and Awards Ceremony at the end of last year.

Both the teaching staff and the school’s Executive Team propagate a strong **open door policy** at St Paul’s. Open communication and transparency are vital to the success of your child’s time at school. I am fully aware that some of these conversations will be difficult at times and all I ask is that you come prepared to offer and be part of the solution to any situation which we may have to work through. We need to make the POSITIVE so LOUD that the negative becomes almost impossible to hear. I look forward to walking this journey with you in 2019.

May God bless you and your family in 2019.

Yours in Christ.

Anton Prinsloo
Principal



FROM THE DEPUTY

From the Deputy Principal

It certainly is lovely having the students and their families join us for the first day of what will be another busy but fabulous year here at St Paul’s.

Chapel and Assembly

Parents and carers are always welcome to attend our weekly chapel and assemblies. This year they will be held at the following times;

Senior Chapel – Wednesday 8.35am

Junior Chapel – Wednesday 9.05am

Senior Assembly – Thursday 8.35am

Junior Assembly – Friday 1.30pm

Student Leaders

Next Tuesday our Year 6 classes will attend their Leadership Day which is being conducted by Lutheran Youth of Queensland. They are sure to have a fun but challenging day.

The induction of our Students Leaders for 2019 will take place on Thursday 14th February at Senior Assembly at 1.30pm. All parents, carers and families are welcome to attend.

Swimming Lessons – Years 3-6

All the senior classes will have swimming lessons in Weeks 2 & 3 – Monday 4 February to Friday 15 February. Parents will have received a letter and permission form for swimming at FAD. The cost of the swimming lessons will be added to Term 1 fees. Swimming lessons will be held at the Swimming Centre on King Street.

Morning Drop-off

Please remember that the students are only supervised from 8.00am therefore they are not to be dropped off any earlier unless attending OSHC.

Afternoon Pickup

Please remember that the students are supervised until 3.30pm by which time it is expected that all students should be picked up.

Drop-Off Zone/ Bus Zone

If you are dropping students off, please do so in the Drop-Off Zone in the car park to the west of the church. The Bus Turn Around is not a Drop-Off Zone.

Changes to Playtime and Eating Times

The new times will be:
Play time: 10:50am - 11:15am

Eating Time: 11:20am - 11:30am
Play time: 12:50pm - 1:15pm
Eating time: 1:20pm - 1:30pm

We believe that the advantages for these changes will include:
Students will be hungry after playing.
Students are likely to eat more.
Allows students time to settle before engaging in learning.
Less wastage of food.
Less rubbish lying around.

Lois Kube
Deputy Principal



Make this year your child’s best ever at school. www.parentingideasschools.com.au

A new school year means a clean slate for students. Here are ideas to help you make the most of the fresh start and make this year your child's best year ever at school.

A new school year means a fresh start for students. Regardless of your child’s performance last year, they start school with a clean slate. A break offers students the chance to begin new habits and adopt new behaviours. Here are seven ideas to help you make the most of the fresh start and make this year your child’s best year ever.

1. Commit to your child going to school every day on time. One of the most important things you can do to ensure your child has a bright future is to make sure he or she goes to school every day—and gets there on time.

2. Help kids start each day well. A good night’s sleep, a healthy breakfast and some words of encouragement from you will help set a positive tone for a day of learning. This may mean that you adjust your morning routine so that kids have plenty of time, to get up, eat and get ready for the day.

3. Establish work and study habits. The most successful students are those that develop regular study habits that suit their lifestyle, their study style and their school’s expectations. Find out the work expectations from your child's or young person’s school and help them establish a work routine that matches.

4. Make sure your child gets enough sleep. Many children and young people are sleep deprived, which impacts on their wellbeing and their learning. A good night’s sleep consolidates learning, as well as assisting future learning. Children need between 10 –12 hours of sleep each day, while teens need a minimum of nine hours. Help kids get sufficient sleep by having a regular bedtime and get-up time each day. Have a 45 minute **wind-down** time each night, and **remove screens and mobile phones from bedrooms.**

5. Insist kids exercise. The old saying about a ‘healthy body and a healthy mind’ is so true. Exercise releases the chemicals needed for learning and wellbeing. Yet kids today get less exercise than those of past generations, which is an impediment to learning and mental health. Health professionals recommend a minimum of 60 minutes of exercise per day for kids of all ages. Encourage your child to play sport; promote free and active play and look for ways to make moving part of their daily lives.

6. Focus on being friendly. Schools are very social places requiring kids to negotiate many different social situations each day. Yet we often only focus on academic learning. There are strong links between social success, and academic success and wellbeing. Encourage kids to be open and tolerant; to be friendly; to be sensitive to others; to be involved in plenty of activities and to be social risk-takers. These are all characteristics of socially successful kids. At the same time discourage anti-social behaviours such as over-competitiveness, self- centredness and a lack of sharing.

7. Develop self-help skills. Successful students are often well organized, self-directed and self-motivated. Personal organization seems to come more naturally to girls than boys, however both genders benefit from coaching in this important area. You can foster organizational skills and self-direction by developing simple, age-appropriate self-help skills related to their every day lives. Such skills as making lunches, packing school bags, and organising after school schedules can be great lessons that impact on how kids perform at school.

ST PAUL’S LUTHERAN

Welcome to everyone for 2019.



KINDERGARTEN

We still have a few vacancies in our 3 to 5 year old's room, please contact the Kindy for enrolment information.

We are looking forward to another fantastic year!

Sam Beaman,
Kindergarten Director.

