

13 May 2019



**Re: Senior School (Years 3 – 6) Inter-House Athletics Carnival 2019**

Dear Parents and Caregivers of Year 3 – 6 Students

St Paul's Inter-House Athletics Carnival for students from Year 3-6 will be held on the Thursday 30 and Friday 31 May 2019. Thursday 30 May, events will be held on the St Paul's school oval, whilst on Friday 31 May, events will be held on Wolfenden Oval at Centenary Lakes Sporting Complex, Morayfield Road, Caboolture. Please refer to the Carnival Program over the page.

**COST:** All costs are being funded by St Paul's Lutheran Primary School.

**TRANSPORT:** Buses have been booked to transport all students on Friday 31 May to and from Wolfenden Oval. All students to arrive at the normal starting time 8:30am, for roll marking and announcements, then depart by bus by 8:50am, returning to school by 2:30pm. It is asked that all students catch the bus to the venue to ensure events can start on time, however, students may take private transport home with parents/ caregivers after the presentation. Classroom teachers will need to be advised.

**CLOTHING:** Students are to wear sport uniforms (NOT the Year 6 senior shirt), school tracksuit (if necessary), school hat, white sport shoes and sunscreen. It is compulsory that all athletes competing in events wear footwear. The use of spikes is allowed in individual track events conducted in lanes and in Long Jump events ONLY and are to be removed at the conclusion of each event. NO spikes in 800 metres or high jump events. Please **name** all items clearly. There is to be **NO** pressure packs of coloured hair spray or zinc cream.

**FOOD AND OTHER ITEMS:** Students are asked to bring a packed morning tea, lunch and a water bottle. However, please note, for FRIDAY 31 May, St Paul's will be taking orders for a SUBWAY LUNCH. Order forms will be sent out to those students who wish to make an order for Friday 31 May.

**PARENT HELPERS:** To make the day a success, we rely on parent helpers. If you are available to assist on either Thursday and or Friday, please indicate below which days/times you are available.

If you require further information, please contact [jgall@stpaulslps.qld.edu.au](mailto:jgall@stpaulslps.qld.edu.au)

Ms Jessica Gall

**PE Teacher and Sport Coordinator**

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**All forms must be returned to your child's classroom teacher by Monday 27 May 2019.**

**Senior Inter-House Athletics Carnival 2019**

My child \_\_\_\_\_ in Class \_\_\_\_\_ will travel to and from Centenary Lakes Sporting Complex on Friday 31 May, by the following means (please tick):

- Transported to and from the venue by the bus provided by school.
- Transported privately by a parent or caregiver.

**I CAN / CAN NOT assist at the Senior Inter-House Athletics Carnival (please circle day and note time, if available):**

Thursday 30 May – Time Available: \_\_\_\_\_ Friday 31 May – Time Available: \_\_\_\_\_

Parent Name: \_\_\_\_\_ Parent Signature: \_\_\_\_\_

Contact email and/or number: \_\_\_\_\_



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KINDERGARTEN: (07) 5432 4318 OSHC: (07) 5428 0322  
EMAIL: postmaster@stpaulslps.qld.edu.au WEB: www.stpaulslps.qld.edu.au ABN: 30085586784  
A school of the Lutheran Church of Australia Queensland District ARBN 051 602 996

**Senior School (Years 3 – 6)**  
**Inter-House Athletics Carnival 2019**

**DAY 1 at St Paul's - Thursday 30 May 2019**

**9:00am – 10:15am:** 800m Races order: 12 Years 11 Years 10 Years 9 Years 8 Years Boys, then Girls

**10:15am – 1:30pm:** ROTATIONS (+ Morning Tea)

Time/Years	8 Years	9 Years	10 Years	11 Years	12 Years
10:15am – 10:50am	Shot Put	100m Sprint Heats (for ribbons) & 200m Practice Run	Long Jump	Ball Games (Target Throw, Tunnel Ball, Over and Under)	High Jump (FINALS)
10:50am – 11:25am	80m Sprint Heats (for ribbons) & 200m Practice Run	Long Jump	Ball Games (Target Throw, Tunnel Ball, Over and Under)	High Jump (FINALS)	Shot Put
11:25am – 11:45am	Short Morning Tea picnic on the Oval				
11:45am – 12:20pm	Long Jump	Ball Games (Target Throw, Tunnel Ball, Over and Under)	High Jump (FINALS)	Shot Put	100m Sprint Heats (for ribbons) & 200m Practice Run
12:20pm – 12:55pm	Ball Games (Target Throw, Tunnel Ball, Over and Under)	High Jump (FINALS)	Shot Put	100m Sprint Heats (for ribbons) & 200m Practice Run	Long Jump
12:55pm – 1:30pm	High Jump (FINALS)	Shot Put	100m Sprint Heats (for ribbons) & 200m Practice Run	Long Jump	Ball Games (Target Throw, Tunnel Ball, Over and Under)

**1:30pm – 2:10pm:** Lunch and Play

**2:10pm – 3:00pm:** Afternoon Classes

**DAY 2 at Centenary Lakes Sporting Complex - Friday 31 May 2019**

**8:50am:** Buses depart St Paul's with students, travelling to Centenary Lakes Sporting Complex, Caboolture

**9:20am – 9:40am: 80m & 100m Sprint Finals** 12 Years (100m) 11 Years (100m) 10 Years (100m) 9 Years (100m) 8 Years (80m)

**9:45am – 1:00pm:** FIELD EVENTS (+ Morning Tea)

Time/Year	8 Years	9 Years	10 Years	11 Years	12 Years
9:45am – 10:20am	Shot Put (FINALS)	Shuttle Relays 4 x 100m & Tug of War	Team Games (Sack & 3 Legged Races)	Long Jump (FINALS)	200m Heats (for ribbons)
10:20am – 10:55am	Shuttle Relays 4 x 80m & Tug of War	Team Games (Sack & 3 Legged Races)	Long Jump (FINALS)	200m Heats (for ribbons)	Shot Put (FINALS)
10:55am – 11:15am	Quick Morning Tea and Toilet Break				
11:15am – 11:50am	Team Games (Sack & 3 Legged Races)	Long Jump (FINALS)	200m Heats (for ribbons)	Shot Put (FINALS)	Shuttle Relays 4 x 100m & Tug of War
11:50am – 12:25pm	Long Jump (FINALS)	200m Heats (for ribbons)	Shot Put (FINALS)	Shuttle Relays 4 x 100m & Tug of War	Team Games (Sack & 3 Legged Races)
12:25pm – 1:00pm	200m Heats (for ribbons)	Shot Put (FINALS)	Shuttle Relays 4 x 100m & Tug of War	Team Games (Sack & 3 Legged Races)	Long Jump (FINALS)

**1:00pm – 1:20pm:** Lunch

**1:20pm – 2:00pm:** 200m FINALS & Shuttle Relays 4 x 100m House Captains VS Parents VS Staff

**2:00pm:** Presentation and Pack-up

**2:15pm:** Board Buses

**2:30pm:** Back at St Paul's & students dismissed by 3:00pm

Please complete and return to the School Office by Monday 27 May 2019.



# PARENT CONSENT FORM

## Excursion

OFFICE USE ONLY

Received Date:

\_\_\_ / \_\_\_ / \_\_\_

**Please Note:** It is a legal requirement that Parent Consent/Medical Forms be returned prior to the Excursion. It is the school's requirement that this be returned by Monday 27 May 2019. If your child's form is not received by this date, they will not be able to attend the Excursion.

I/we, \_\_\_\_\_ as parent/carers of

\_\_\_\_\_  
*Your First Name and Surname*

\_\_\_\_\_  
*Child's First Name and Surname*

\_\_\_\_\_  
*Class*

give my/our consent for him/her to attend the **Year 3 to Year 6 Inter-House Athletics Carnival held on Wolfenden Oval at Centenary Lakes Sporting Complex, Morayfield Road, Caboolture on Friday 31 May 2019.**

I/we accept that the teachers and instructors will take appropriate disciplinary action in an attempt to ensure the safety, well-being, and successful conduct of the students who participate in the activities associated with the excursion / incursion.

In the event of any illness or accident, I/we authorise the obtaining of such medical assistance as my child may require. In the event of any medical emergency during the excursion, I/we appoint the supervising teacher-in-charge as our agent, with the right to arrange ambulance evacuation and medical treatment, if deemed necessary, and we cannot immediately be contacted. Any such duly qualified doctor who treats our child in any emergency life-or-death situation:

**Strike out which does not apply below and SIGN the action you wish to be taken.**

- a) Has my/our consent to undertake life-saving surgery, including if necessary, the administration of anaesthetic and/or blood transfusions.

**Parent Signature:** \_\_\_\_\_

**OR**

- b) Has my/our consent to take the following alternative action in a life-or-death emergency situation, because of our religious or other objections to blood transfusions or anaesthetics.

\_\_\_\_\_  
\_\_\_\_\_  
**Parent Signature:** \_\_\_\_\_

I/we also accept the responsibility for payment of any expenses thus incurred which exceed the limit imposed by the school's insurance policy (student insurance details are available from the office).

**If your child requires medication whilst on the excursion / incursion, please provide the medication with a Pharmacy Label (Patient Name, Dosage, Doctor's Name) in a clearly labelled container or quick seal bag with documentation stating dosage and frequency and hand it to the teacher on the morning of the excursion / incursion.**

I/we include the completed medical information section (over the page) about my/our child to assist those who are organising the excursion / incursion, and for reference in any medical emergency. I/we will notify the school of any changes to medical conditions during the duration of the excursion / incursion.

Signed: \_\_\_\_\_  
*Parent / Person with Legal Responsibility for the Child*

Date: \_\_\_ / \_\_\_ / \_\_\_

**(Continued Over Page)**

**Emergency Contact Telephone Numbers:** \_\_\_\_\_

\_\_\_\_\_

**Does your child have any medical condition or disability which may affect his or her participation in the excursion / incursion?**

YES / NO     *\*If YES, please give details.*

\_\_\_\_\_  
\_\_\_\_\_

**Is your child on any prescribed medication/s which would be required to be continued during the excursion / incursion?**

YES / NO     *\*If YES, please give details.*

\_\_\_\_\_  
\_\_\_\_\_

**Does your child have any allergies or sensitivities (e.g. insect bites, food)?**

YES / NO     *\*If YES, please give details.*

\_\_\_\_\_  
\_\_\_\_\_

**Does your child have a fear of the water?**

YES / NO     *\*If YES, please give details.*

\_\_\_\_\_  
\_\_\_\_\_

**Does your child suffer from motion sickness?**

YES / NO     *\*If YES, please give details.*

\_\_\_\_\_  
\_\_\_\_\_

**Is there any other information you would like to give which, in your view, may assist the school in the care and safety of your child during the excursion / incursion?**

YES / NO     *\*If YES, please give details.*

\_\_\_\_\_  
\_\_\_\_\_

**Do you give consent for photos/video of your child to be taken by the teachers/staff on this excursion / incursion?**

YES / NO