

## Term 3, Week 10

# GYMNASTICS SHOWCASE

During Physical Education lessons this term, all Prep—Year 3 students have been engaged in a vibrant and interactive Gymnastic Unit. With guidance, students have been given opportunities to learn, demonstrate and practice a variety of fundamental movements skills and sequences in small group rotations (e.g. hand stands, stretch poses, partner strength, basic cart wheels, half and full jump, trampoline jumping, landings, rolls & static balancing). St Paul's would like to invite and welcome caregivers along to your child's PE Lesson during Week 10 to give your child the opportunity to showcase their individual performance of the various movements skills progressed this term.



### Wednesday 18 September 2019

#### CLASS

#### PE LESSON TIME

3A

9:30AM - 10:10AM

3B

10:10AM - 10:50AM

#### MORNING TEA

1A

11:30AM - 12:10PM

1B

12:10PM—12:50PM

#### LUNCH

2B

1:30PM - 2:10PM

2A

2:10PM - 2:50PM

### Thursday 19 September 2019

#### CLASS

#### PE LESSON TIME

PREP A

1:30PM - 2:10PM

PREP B

2:10PM - 2:50PM

