

# ST PAUL'S LUTHERAN PRIMARY SCHOOL

NEWSLETTER

Term 1 Week 9

24 March 2020

St Paul's Lutheran Church Services Sunday  
8am & 9.30am

If you have questions about the Christian  
Faith, please contact Pastor Mike  
0421 131 965.

## Diary Dates

2020

**Thursday 26 March** Event Postponed  
Year 3 Dr Joe Science IncurSION

**Friday 27 March** Event Postponed  
Prep-Year 6 Inter-house Cross Country

**Sunday 29 March** Event Postponed  
Year 1 School Sunday

**Monday 30 March**  
Stations of the Cross - held in Classrooms

**Tuesday 31 March** Events Postponed  
Year 1 Retirement Village Visit  
Music Showcase

**Thursday 2 April** Events Postponed  
Free Dress Day - Service Learning Fundraiser  
Parent/Teacher/Student Conversations  
Kindy Grandparents' Day

## LIVE FOR TODAY

**Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own** (Matthew 6:34).

Modern society thrives on creating, constructing and preparing for the future. We like the comfort of predictability. We like to be in control.

The COVID-19 pandemic has robbed us of control. It has robbed us of confidence and certainty. It has robbed us of abundance. (Yes, I'm referring to rice, pasta and toilet paper.) It has robbed us of travel plans, social gatherings and now even holidays. It is robbing us of the ability to create, construct and prepare for our future.

Jesus tells us to not worry about the future. Author Sarah Young writes that this is not a suggestion, but Jesus' command. She illustrates that God divided time into days and nights so we would have manageable portions of life to handle. When we live in today but worry about tomorrow, we wear a burden greater than God intended.

That's not to say we shouldn't consider our future. When he made us in his image, God gifted us with an intellect that we should use to his glory. So it's appropriate to have a vision, to strategize and prepare, and to actively support the quest for a COVID-19 cure. However, there's no need to commit emotional energy to the future. God gives us everything we need for today, and we can live in peace knowing he will do so again tomorrow.

Today is where we are, and today is where we need to be.

**Father, we are easily burdened. We can do a lot in our own strength but, when we draw on your strength and power, we can do even more. So let your joy be our strength. We commit tomorrow to you, knowing you will equip us when we get there. Amen.**

## PRINCIPAL'S MESSAGE

Dear Parents and Caregivers,

The past fortnight has made me appreciate our wonderful school community which is St Paul's. Little practicalities and the call for sudden change as to how we go about learning and living, which we take for granted every day, have made implementing government guidelines, advice and directives a little easier. These include our large open outdoor play spaces, our flexible learning spaces, where children aren't piled in on top of one another and which can be reconfigured without creating great confusion, and our very familiar use of technology with iPads and SeeSaw being part of how we do learning and communication at St Paul's every day. I also need to acknowledge the human element, our incredible and selfless staff, who continue to go above and beyond to ensure that the quality of the learning programs and care of every student in our school remain paramount.

It's also affirming and comforting to know that we have our faith to draw on in these times of uncertainty. Fortunately we can only live one moment at a time and God is there every step of the way. I thank you for your support, encouraging words, prayers and just reaching out to and looking out for one another. Please don't hesitate to contact my office if you need support in any way for either your own journey or as a family over the coming weeks.

I thought I would share with you this week, a beautiful prose by Kitty O'Meara which has recently been published around the world:

### *In the Time of Pandemic*

*And the people stayed home.  
And read books and listened, and rested and exercised,  
and made art and played games,  
and learned new ways of being and were still.  
And listened more deeply.  
Some meditated, some prayed, some danced.  
Some met their shadows.  
And the people began to think differently.*

*And the people healed.  
And, in the absence of people living in ignorant, dangerous, mindless  
and heartless ways the earth began to heal.*

*And when the danger passed, and the people joined together again,  
they grieved their losses, and made new choices,  
and dreamed new images,  
and created new ways to live and heal the earth fully,  
as they had been healed.*

Stay calm and be safe.

Yours in Christ.  
Anton Prinsloo  
Principal



## FROM THE DEPUTY

### Easter Raffle

An Easter Raffle has been organised by several Year 6 Girls. Tickets are \$1 and are available in the main Undercover Area before school. The raffle will be drawn on Wednesday 1 April.

### Stations of the Cross – Monday 30 March

Please note that this event has been cancelled.

### Before School Book Borrowing

Are you aware that you can visit the GLAD Centre before school between 8.00am and 8.30am to return and borrow books?

### High Five

The High Five is a whole school, effective strategy to develop problem-solving strategies for our students. It is used to build student's social skills and resilience. We want to teach our children the skills which will build their self-esteem and empower them to take responsibility for themselves and give them the power to practice these skills. Please see an outline of the High Five Program on Page 4 of this newsletter.

### Library

Please note that emails about overdue Library books are sent out on Fridays. Please check your junk mail and allow this email address to be part of your 'safe senders' list.

### Subway Lunches – Friday 27 March

Subway lunches will go ahead on Friday.

For those students who are listed as being in self isolation tomorrow (Wednesday 25) and have placed an order, their orders will be withdrawn.

Lois Kube  
Deputy Principal



## FROM THE HEAD OF TEACHING AND LEARNING

### NAPLAN

Please be advised that NAPLAN 2020 has been cancelled due to the Coronavirus (COVID-19).

**ROBOTICS** on Thursday afternoons has been postponed until further notice.

### Coronavirus (COVID-19) Resources

The recent outbreak of Coronavirus (COVID-19) has had people feeling quite overwhelmed with information. The news, media outlets and social media is full of information to sift through. It is tricky enough for us as adults to navigate this complex issue, let alone for our children to try to understand. Understandably, some children are feeling a bit anxious and overwhelmed by what they are hearing. It is healthy to have honest conversations with your children where they can feel free to ask questions about the issue.

There are some great, age-appropriate resources that may help to guide your family discussions around Coronavirus (COVID-19) are listed below: For Prep to Year 2 students, this is a great PDF booklet (available in a range of languages) that you can read together that breaks down the issues around Corona Virus in a simple, child friendly way: <https://www.mindheart.co/descargables>

For Year 3-6 students, this is an excellent and informative podcast about Corona Virus from a children and families program called 'Brains On': <https://www.brainson.org/shows/2020/03/10/understanding-coronavirus-and-how-germs-spread-for-kids>

Emma Bird  
Head of Teaching and Learning



## FROM THE BUSINESS MANAGER

The current economic downturn due to Coronavirus (COVID-19) is unprecedented, and would be having an adverse impact on some of our parents. If assistance is needed to help you through this time regarding school fees and your family has lost employment due to the current crisis, please contact the Business Manager. St Paul's would like to see students carry on with their education with as little disruption as possible.

Ian Bloxham  
Business Manager



## KINDERGARTEN

Kindergarten continues to operate as per usual. If families would like to take some time at home with their children, please contact me to make arrangements in relation to holding places, and fee arrangements as holiday rates may apply to reduce any financial burden.

Sam Beaman  
Service Leader



# CELEBRATING STUDENTS AWARDS Congratulations to the following students:

PA	Yom A	Always trying my best.
PB	Samuel L	Trying my best.
Year 1	Olivia K Emerald C	Her passion and enthusiasm towards school and for being a positive role model.
Year 2	Georgia A Addior A	Showing great strength at being sensible.
Year 3	Tinkalee L Indiana A	Being brave to participate in all aspects of her learning.
Year 4	Leila G Summer P	Maintaining a high level of presentation and effort with their book work.
Year 5	Isabelle M	Demonstrating mature and responsible choices while showing leadership qualities.
Year 6	Adit M Missy S	Being a good role model and a positive influence on others in the school.

## 2020 SAY NO TO BULLYING COMPETITION Certificate of Award

Year 1	Caitlin H Giordanna H Lucy O	Winner – Poster Highly Commended – Poster Highly Commended – Electronic Poster
Year 2	Evie A Felicity K Henry O	Winner – Poster Highly Commended – Poster Highly Commended – Electronic Poster
Year 3	Mila J Elliot B	Winner – Poster Highly Commended – Poster
Year 4	Ava L Amelia B Scarlet Y	Winner – Poster Highly Commended – Poster Highly Commended – Electronic Book
Year 5	Esther B Karla S Hayden W	Winner – Poster Highly Commended – Poster Highly Commended – Electronic Book
Year 6	Sofia H Alexandra T Ayen A	Winner – Poster Highly Commended – Posters Highly Commended – PowerPoint Presentation

## INSIDE STORY: PREP

Each day the Prep children are involved in our PMP (Perceptual Motor Program) program which helps the children develop their core strength, hand/eye coordination, balance, tracking and crossing their midline. These skills are also important to benefit reading and writing.



## PHYSICAL EDUCATION

The Department of Education has made the decision to cancel the representative school sport program including: District, Regional, State, National, Interstate and International Competitions. This includes Queensland School Sport team participation in any national, interstate or international event organised across Australia or internationally. This decision to cancel has been taken in line with the Australian Government directive to minimise non-essential gatherings in order to reduce exposure risks associated with COVID-19. Further to this, and effective from 21 March 2020, all Interscholar Sport and District Events is to be cancelled until further notice. Again, this decision is being taken to further strengthen the containment strategies that we are implementing in our communities. This information will also be available on the [Queensland School Sport website](#) and can be distributed through your networks.



Despite the Prep – Year 6 Inter-house Cross Country Carnival being cancelled for this Friday, upon our return to Term 2 a potential carnival postpone date may look hopeful and be decided. Students who have ordered a **SUBWAY LUNCH** will still receive their order this Friday 27 March. Please place your orders in the SUBWAY BOX in the front office by Wednesday 25 March, to help support and fundraise fund for the Year 5 Camp.

Jess Schneider  
Physical Education Teacher

## What is Hi 5?

- It is an effective strategy to develop problem-solving strategies for our students.
- A whole school approach.
- Hi 5 - used to build student's social skills and resilience.

### As a School

We want to teach our children the skills which will build their self-esteem and empower them to take responsibility for themselves and give them the power to practice these skills.

### Do the Hi 5

- Ignore
- Talk Friendly
- Walk Away
- Talk Firmly
- Report

### Ignore

- Pretend you didn't hear it.
- Do not make eye contact.
- Maintain positive body posture – be calm and confident.
- Think positive self-esteem statements.
- Count to five in your head slowly.
- Take deep breaths.

### Talk Friendly

- Use a calm voice.
- Maintain eye contact.
- Confident body language.
- Maintain relatively close body proximity.
- Use I statements – I feel . . . . when you . . . .because . . .

### Walk Away

- Walk confidently, don't run - stand tall, head up high.
- Mouth closed.
- Do not use eye contact.
- Do not look back.

### Talk Firmly

- As per Talk Friendly.
- Use an assertive voice, slightly raised.
- Tell them to stop it.
- Re-state your I statement - I said . . . .
- State the consequences if continued.

### Report

- Walk away and report to a staff member.
- Go to a safety zone.
- Be an active bystander - support and report.

### Reporting Vs Dobbing

- Children should in most circumstances attempt to problem- solve themselves first.
- Unsuccessful after doing Hi 5 steps- report to a staff member.

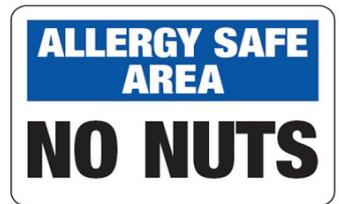
Children need to know the difference between reporting and dobbing.

- **Reporting** is helping to solve a problem.
- **Dobbing** is trying to get someone in trouble.



## SCHOOL TIMES

- 8.00am**  
Students Supervised
- 8.20am**  
Warning Bell to Classes
- 8.30am**  
Learning Begins
- 10.50am - 11.30am**  
Morning Recess
- 12.50pm - 1.30pm**  
Lunch
- 3.00pm**  
End of School Day



## ASSEMBLY TIMES

**Senior Assembly** *Postponed*  
Thursday 8.35am

**Junior Assembly** *Postponed*  
Friday 1.30pm

## CHAPEL TIMES

**Senior Chapel** *Postponed*  
Wednesday 8.35am

**Junior Chapel** *Postponed*  
Wednesday 9.05am

Let's be  friends

@StPaulsLutheranPrimary School

@StPaulsLutheranKindy

@SPLCCaboolture

Join the P&F closed group:  
<https://www.facebook.com/groups/SPLPSPandF/>

## UNIFORM SHOP

**Wednesdays**  
8.00am-9.00am  
& 2.30pm-3.30pm

**Fridays**  
8.00am-9.00am

Orders can be submitted online on Flexischools and delivered to students on uniform shop days.