

ST PAUL'S LUTHERAN PRIMARY SCHOOL

NEWSLETTER

Term 2 Week 7

2 June 2020

St Paul's Lutheran Church Sunday Services are NOW ONLINE.

If you have questions about the Christian Faith, please contact Pastor Mike on 0421 131 965 or 5432 4419

Diary Dates

2020

Tuesday 9 June

P&F Executive Meeting, 3.15pm (Cancelled)

Wednesday 10 June

School Officer Day

Thursday 25 June

Students finish Term 2

Friday 26 June

Student Free Day - Report Proofing

Monday 13 July

Student Free Day - Staff First Aid Training

Tuesday 14 July

Students begin Term 3

Wednesday 15 July

Semester 1 Reports available on Parent Lounge 3.00pm

Blooming

'The desert and the parched land will be glad; the wilderness will rejoice and blossom. It will burst into bloom; it will rejoice greatly and shout for joy' (Isaiah 35:1-2).

Selfie sticks, picnic blankets and yummy snacks are standard equipment for the thousands of people who usually flock to Japan during spring. Emerging from slumber, a unique visual feast flourishes as Japanese cherry trees explode into a purple profusion and blossom en masse. Japanese families celebrate, attend cherry blossom festivals or simply enjoy *hanami*, the tradition of viewing and relishing the stunning simplicity of *sakura*, the cherry blossom. Long adored by people across the globe, this spectacular floral tapestry is regarded as a symbol of renewal, vitality, beauty and hope.

Chilly mornings and shorter days in the Southern Hemisphere mean we aren't embracing the beauty of spring blooms right now. Changing the seasonal quilt and wardrobe over helps us to prepare for a barren winter, snuggled up in a season of reflection, awaiting renewal, like Christ (Luke 4:1-2) preparing for his resurrection.

Jacaranda trees will soon wake from their wintery hiatus. The hills, parks and waterfronts will blossom, bursting into a symphony of splendiferous spring colour. Their purple majesty is spectacular and vibrant, bringing the assurance that life has come again – just as Jesus rose to new life! Dormant amid our season of stillness, we quietly anticipate the promise of vibrant spring colours yet to be unfurled. We lift our eyes to a future filled with hope, grace and peace. It's coming!

In Christ, we are blooming.

Lord of life. Thank you for the gift of your love each day. You have planted us to grow and serve with purpose. Help us to remain firmly rooted in hope through your resurrection. Help us be patient in these days as we await renewal. Help us to blossom and bloom. Amen.



PRINCIPAL'S MESSAGE

Dear Parents and Caregivers,

Speaking to a large number of students across all year levels last week has been affirming, energizing, surprising and exciting all at the same time! My questions to the students were about how they have felt about returning to school, what they have missed most about school and how they found the whole distance learning experience. Across the board the students affirmed their excitement to meet up with and to again play and/or connect with their friends, to hear the familiar voices of their teachers and to get back into a good learning routine again. One of our senior boys put it to me by expressing his appreciating for his teachers so much more because he has now realized how they help him with his learning in a deep and rich way, remind him to stay on task, grow his learning by asking for and sharing his ideas as well as helping his class peers with their learning journey. Another student affirmed to me that going on-line wasn't a scary experience because using iPads was already part of his learning program at St Paul's – wow! A big part of our learning philosophy at St Paul's is to grow the students' soft skills [essential skills] of self-management, unpredictability, collaboration, creativity, a growth mindset and resilience but to name a few. Many of our students have returned with a new "edge" of confidence about who they are as learners and what they are now capable of achieving. I can guarantee that the life experiences which every student has been through will stand them in good stead for years to come. Thank you to every family for your part and role in growing and supporting your child[ren] during this extended time away from school.

I have also been amazed, and thank you parents for your support in this too, by how quickly the students have adjusted to and settled into the routine of getting themselves into school in the mornings. We know that for some students this would have been quite a challenge but everyone has managed this new arrangement with growing confidence. Quite a number of parents have indicated to me that this will continue to be the "new normal" a few times a week once parent access at school is permitted again. Well done to all our students! Thank you to the teachers who have come out en-masse every afternoon and then stayed on to help with student supervision as well as getting every student/family safely to their car.

St Paul's Distance Learning Feedback Survey

Tomorrow every family, via your email address, will be asked to complete a quick 2 question survey, via Survey Monkey, covering the best of what you and your child have learned from our Distance Learning Program and what you would like to see us continuing with as part of our face-to-face learning platform. The survey and questions to be answered are as follows:

Question 1: **What part[s] of the school's Distance Learning Program worked well for your family?**

Question 2: **What part[s] of the Distance Learning Program would you like to see the school implement/include in our face-to-face learning program?**



Last week we celebrated national Chaplaincy Week at St Paul's and don't we just have the best school chaplain! Thank you to Chappy Teneille for the incredible work ethic, pastoral care, patience, wisdom, advice and listening which she brings to her role at St Paul's - we are blessed to have her as part of our community.

Wishing everyone a safe week.

Yours in Christ

Anton Prinsloo
Principal

Quote of the Week: *May we never again take for granted:*

*Evenings with friends and family
Birthday celebrations
The roar of a crowded stadium
Mornings at the gym
Going to a concert or movie
A night at the theatre*

*Packed dance floors
Coffee with a friend
Attending church
Happy Hour
A hug
Life itself.*

FROM THE DEPUTY

Named Uniform

Please make sure that all uniform items are named, especially jumpers and jackets. With the cooler mornings, many students come to school wearing jumpers or jackets and take them off as the day warms up. If the item is named it can be returned to the right owner. This unfortunately is not the case if unnamed.

Drop-Off and Pick-Up Zone

Thank you for your patience and co-operation with the Drop- Off and Pick -Up Zone as we refine the process now that all students have returned. Please remember that students are not permitted to walk across the carpark by themselves and students are to get in and out of the car on the kerbside. The driver is to remain in the car. If you need to help your child, then it might be best for you to park and collect them.

Smiths Road Connection

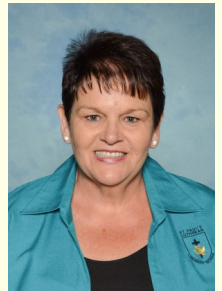
Are you aware that a new bridge has opened up further along Smith's Road connecting to Old Gympie Road and Caboolture Showground? Using this way into school may help to alleviate the heavy traffic situation in morning and afternoon out towards King Street.

Easter Garden

This week the cloth on the centre cross in our Easter Garden has been changed to red. This is because last Sunday we celebrated Pentecost. Ten days after Jesus ascended into heaven, the twelve apostles, Jesus' mother and family, and many other disciples gathered together in Jerusalem for the Jewish harvest festival celebrated on the fiftieth day after Passover. While they were praying, a sound like rushing wind filled the house, and tongues of fire came to rest over each of their heads. This was the outpouring of the Holy Spirit promised by God. The disciples were immediately empowered to proclaim the gospel of the risen Christ.

Jesus promised to send a special helper. Jesus would be with us as the Holy Spirit, like a special friend inside giving help and strength. The Holy Spirit came as little flames.

Pentecost means fiftieth day and is celebrated fifty days after Easter. The liturgical colour for this day is red. This not only symbolises the tongues of flame in which the Holy Spirit descended, but also reminds us of the blood of the martyrs – believers of every generation who, by the power of the Holy Spirit, hold firm to their faith.

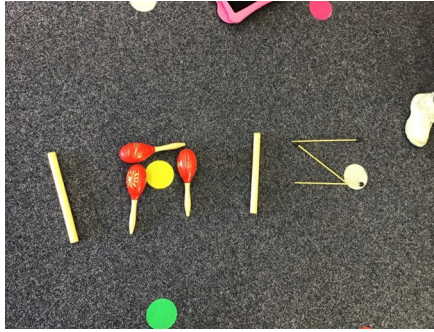


Lois Kube
Deputy Principal

INSIDE STORY: Music

Students have been engaging in Music through Seesaw activities on their iPads. Although it may not be learning music in the traditional sense, we have had a lot of fun! Special thanks to all the support the children have received through this period.

Students in Year 1 created 4 beat rhythmic patterns on Seesaw. We would usually use paddle pop sticks to create our rhythms in class, but students were asked to be creative and use things they could find around the house! Here are some of their creations.



FROM THE HEAD OF TEACHING AND LEARNING

iPad Apps and Games

We have noticed a few popular games on iPads across the school. If you would like to learn more about some of the popular games at the moment, information can be found at the links below:

Ark Survival <https://www.common sense media.org/game-reviews/ark-survival-evolved>

Roblox <https://www.common sense media.org/website-reviews/roblox>

Fortnite <https://www.common sense media.org/app-reviews/fortnite-battle-royale>

Common Sense Media lists age ratings, an overview of what is contained in the game, parent reviews and children's reviews. This website also reviews movies, television shows and books using the same format and criteria.

Emma Bird
Head of Teaching and Learning



FROM THE BUSINESS MANAGER

School Fees

Fees are now due, please contact the Business Office if you require a payment arrangement to be set up.

New Access Road

The new road, Central Springs Road, northern entrance to Smiths Road. I have travelled this road in peak times over last few days, north bound to Smith's Road is still chaotic, and the new northern access has much less traffic.

Ian Bloxham
Business Manager



KINDERGARTEN

Enrolments for 2021 are taking place from now.

If you would like a tour or to enroll please contact me and I will take you through the enrolment for placement in 2021.

Thank you to all families, as well as the school, for helping with restrictions placed on Kindy with parents and siblings needing to be limited at this time.

We look forward to having all restrictions lifted in the coming months.

Sam Beaman
Service Leader



Conquering kids' techno-tantrums



Many of us have witnessed our kids or teens emotionally combust when asked to switch off their gaming console or put their phone away. I colloquially call these 'techno-tantrums'. Many of us fret that this signals that they're 'addicted' to technology and find ourselves worrying about why they behave in such intense ways.

So, what makes technology so psychologically appealing for kids and how can we help them to unplug so that screen-time doesn't end in scream time?

Technology is so appealing

Technology has been intentionally designed to cater for our kids' most basic psychological drivers. As humans, our three most basic psychological needs are the need for connection, competence and control.

Technology caters for these needs in very clever ways. For example, our need for relational connection explains why many of our boys are obsessed with multi-player video games and girls are infatuated with social media. These online tools have also been designed to help young people experience competency- gamers see tangible measures of their performance by their levels of attainment, or battles won. Scrolling through YouTube and 'selecting' which video they'll watch next also enables young people to experience a sense of control and agency over their lives – something they biologically crave.

Here's what technology does to their brains and bodies

Digital technology impacts on children and young people in the following ways:

'It feels good'

When our kids use a screen it's usually a pleasurable experience for them. Their brains secrete the neurotransmitter dopamine, which makes them feel good. This means, when you demand that they turn the device off, you're terminating their production of dopamine (pleasure response). It's better to provide a choice of more appealing transition activities when you want them to move away from a screen. For example, suggest that they ride their bike, or walk the dog after they've switched off the device.

'I want more'

The online world has no stopping cues, so our kids and teen never feel 'complete' or 'done'. They can always refresh social media; continue to play to attain another level in a game; or watch another YouTube clip. This is also referred to as the state of insufficiency.

One parenting tip that works is to give your children and teens hard end points. Rather than giving them a quantity of time (for example, you can watch an hour of TV today), give them the finish time (for example, I'd like you to switch off the TV at 4:30pm).

'It's so novel'

Our brains are wired to seek out new and interesting stimulus. The online world is always instantly gratifying, fast-paced and requires minimal cognitive effort. In comparison the offline, real world doesn't always offer novelty. The real world is a lot slower-paced, and it's not always instantly rewarding and interesting like our kids' digital world.

Ensure your kids and teens have ample time to experience boredom. Our brains were never designed to be switched on and processing information as they are in the digital world. Opportunities for boredom allow the brain time to reset and help our kids become accustomed to not always being 'switched on'.

Related webinar

Our school has a membership with Parenting Ideas. As part of this membership, you can attend the upcoming webinar 'Understanding techno tantrums' at no cost.

In this webinar Dr Kristy Goodwin helps parents and carers understand why children and teens emotionally combust when they digitally-disconnect, and how to establish new, healthy technology habits.

When: 17 June 2020 8:00pm AEST To redeem: 1. **Click this link:** <https://www.parentingideas.com.au/parent-resources/parent-webinars/webinar-understanding-techno-tantrums> 2. **Click 'Add to cart'** 3. **Click 'View cart'** 4. **Enter the voucher code TECHNO** and click **'Apply Coupon'** Your discount of \$37 will be applied. 5. Click **'Proceed to checkout'** 6. **Fill in your account details.** These details are used to login to your account and access your parenting material. 7. **Click 'Place Order'**. The voucher is valid until **17 September 2020**.

SCHOOL TIMES**8.00am**

Students Supervised

8.20am

Warning Bell to Classes

8.30am

Learning Begins

10.50am - 11.30am

Morning Recess

12.50pm - 1.30pm

Lunch

3.00pm

End of School Day

**ALLERGY SAFE
AREA**
NO NUTS

ASSEMBLY TIMES**Senior Assembly** Postponed

Thursday 8.35am

Junior Assembly Postponed

Friday 1.30pm

CHAPEL TIMES**Senior Chapel** Postponed

Wednesday 8.35am

Junior Chapel Postponed

Wednesday 9.05am

Let's be  friends

@StPaulsLutheranPrimary School

@StPaulsLutheranKindy

@SPLCCaboolture

Join the P&F closed group:
<https://www.facebook.com/groups/SPLPSPandF/>

UNIFORM SHOP**Wednesdays**

8.00am-9.00am

& 2.30pm-3.30pm

Fridays

8.00am-9.00am

Orders can be submitted online on Flexischools and delivered to students on uniform shop days.