



GETTING READY TO START PREP 2023

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SUNDAY

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MONDAY

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TUESDAY

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WEDNESDAY

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THURSDAY

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FRIDAY

Y

SATURDAY

1 Count forward to 10 and backwards from 10

2 Get dressed by yourself

3 Draw a picture of your favourite animal

4 Sing a nursery rhyme

5 Open and close lunch box containers

6 Tidy up your toys neatly and in the right place

7 Play a game until you win and lose once

8 Wash hands properly with soap and water

9 Cut strips of paper to make a chain

10 Put on socks and shoes by yourself

11 Write your name 5 times

12 Read a book and talk about why you like the story

13 Have a chat about school with someone

14 Blow your nose and put the tissue in the bin

15 Practise packing your school bag

16 Use the toilet by yourself with no help

17 Do something you are not excited to do but need to do

18 Play with playdough, paint or sand

19 Wait your turn to speak and use your manners

20 Ask for help with something that is hard to do by yourself

21 Name all your things and get your uniform ready

22 Go to bed early and have a big sleep

23 Pack your bag, ready for school

24 Help make your own breakfast

25 Choose foods for lunchbox and help pack them

26 Talk about our country and where you live

27 Talk about being brave

28 Have a big rest for the new week