

## NEWS @ ST PAUL'S gelong

Term 2, Week 5, 2024

#### **National Day of Action**

On May 3rd, St. Paul's celebrated our National Day of Action with lots of fun and teamwork! One of the highlights was teaming up to tackle an inflatable obstacle course, perfectly fitting our theme, "Buddy's Work in Teams." It was a fantastic way to show that by working together, we can stand strong against bullying and violence. This day reminded us all that at St. Paul's, we support each other and create a safe, friendly school for everyone.











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May 3: National Day of Action

St Paul's Lutheran Primary and Kindergarten 55 Smiths Road, Caboolture QLD 4510



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#### From the Principal - Mrs Katrina Valencia

#### What an Adventure! - Canberra 2024

On Sunday 21st April our dynamite Year 6 students and staff embarked on our Annual Canberra Camp. Taking in the many sites of Canberra, our students outdid themselves in how they demonstrated, resilience, courage, appreciation, and curiosity.

Of the many conversations I have shared with the students since their return, high on their list of wonderful memories includes the Australian War Memorial, the Australian Institute of Sport (AIS), Questacon, and Government house – where our students met both the outgoing Governor General and the incoming Governor General - His Excellency General the Honourable David John Hurley and Her Excellency General the Honourable Samantha Mostyn, who will be sworn into office on the 1 July 2024 by His Majesty King Charles III. The Year 6 jaws dropped as they also got to view the Governor General's Ceremonial Rolls Royce – which is only brought out for the most special of occasions.



... that the soil underneath the United States Embassy was brought to Australia from America?!? The US Embassy is literally built on American soil!

#### With thanks!

Our National Capital, Canberra, has been developed with a wide range of educational programs that focus on Australia's history, culture, heritage and democracy. The quality of these programs is of the best quality, displaying the best knowledge and relevant guides.

The Australian Government identifies the importance of all young Australians being able to visit the National Capital as part of their Civics and Citizenship education. To assist families in meeting the cost of the excursion the Australian Government has contributed funding of \$90 per student under the Parliament and Civics Education Rebate program towards these costs.

The rebate is paid directly to the school upon completion of the excursion and has already been passed through to families through a reduction in the camp charge at the time of calculation. As a school, we are thankful to current and past Governments for continuing to emphasise the importance of this camp experience and for providing this rebate to our families to assist student attendance.

#### Year 2/3 Toilet Renovations complete

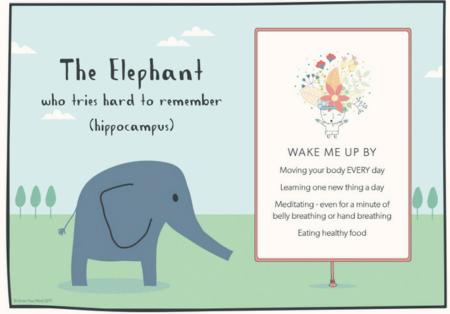
I am delighted to let you know that the Year 2/3 toilet renovations are now complete with the amenities block now reopened to students. They look stunning. Our sincere thanks to Aura, our wonderful builders, for taking care of this project and delivering such a high-quality finish.



#### From the Deputy Principal - Mrs Marcia Jealous

Greetings to our St Paul's community,

The Grow Your Mind wellbeing program helps us understand the parts of the brain by relating them to animal characters. In our first newsletter we introduced the 5 animals in the program. So far we have introduced The Guard Dog and the Sensitive Octopus in the previous newsletters. This week we introduce The Elephant who tries hard to remember (hippocampus) functions best when our Guard Dog (amygdala) is calm. Check out the poster below for more ways to wake up your Remembering Elephant.



A few cool facts about the hippocampus:

- While we're certain humans have always had a hippocampus as long as we can remember, it was discovered in 1564.
- You might first imagine a smiley hippopotamus when you hear the word hippocampus. But, this region of the brain gets its name from its shape—a seahorse. Hippocampus is the Greek word for "seahorse."
- Other medical sources say the hippocampus is shaped like a peninsula. We like seahorse better. Maybe because they are pretty. But maybe because the male seahorse can give birth.
- If your hippocampus were removed, you would still have short-term memories. You just wouldn't be able turn those into long term memories. This is actually a form of amnesia.
- The hippocampus is located in the temporal lobe region of the brain and consists mainly of gray matter.
- Hungry, hungry hippo? If starve your hippocampus of oxygen, you could cause serious damage. Don't forget to breathe! This is why we help the students to focus on breathing techniques and strategies. Ask them about their favourite. It may help at home when you need an extra cup of calm in your house!

So instead of "just keep swimming", we say, just keep breathing!

Please click the link to access the <u>breathing techniques</u> that are used within the program.

Mrs J



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#### From the Head of Teaching and Learning - Mrs Emma Bird

Last week, Dr Liz Irwin visited our school to deliver Professional Learning for our teachers during our Staff Meeting and then to give on the ground coaching in Number Talks across 2 days, in every classroom.

Number Talks is a signature Maths practice that our school has adopted over the past 12 months and we are committed to coaching our teachers to refine their practice of this complex teaching skill. We use a specific, evidence-based text with a mapped, sequential sequence to build mathematical strategies daily across all classrooms. All students are encouraged to think of at least one way to solve the presented problem. Teachers model student thinking visually using numbers and symbols to demonstrate the working out that the child describes. Throughout each lesson, students build on previous knowledge and skills, learn new strategies and are supported to solve problems in a range of ways. Teachers demonstrate the most efficient way to solve particular problems using student examples, and solving a problem in different ways is celebrated within the classroom.

If you would like to learn more about Number Talks, you can watch the pre-recorded webinar on Parent Lounge or you can get further information at this link: <u>Jo Boaler Why Number</u> <u>Talks</u>







Number Talk Professional Lessons



Year 6 Camp

#### Arts @ St Paul's

Arts@StPaul's Music students will be performing at the Twilight Evening students in Week 6 on Tuesday 21st May from 5:00 – 6:30pm in the Chapel. All of our Year 3 Strings Immersion students will be presenting their new-found skills in orchestral strings, percussion, guitar and ukulele. Don't miss this fantastic evening!

The following week will showcase our piano and flute students at the Piano & Flute Soiree in Week 7 on Wednesday 29th May in the Instrumental Room from 4:00pm. It is sure to be a delightful afternoon!

Our Junior Voices, from Years 1 and 2, are working on showing commitment to weekly lunch time rehearsals and have a great time singing and moving to fun songs. The Senior Choir, St Paul's Singers, are busy preparing for The Magic School Bus Show in Week 9 as well as the end of term Worship and Wellbeing chapel service.

Kids Rock Band is off to a great start with rockin' rehearsals every Friday during 1st Break. We are looking forward to their first lunch time performance in the near future.



### **School Show**



ST PAUL'S LUTHERAN PRIMARY SCHOOL PROUDLY PRESENTS



#### SCHOOL BUS SCHOOL SC

Come on this magical adventure as we explore the beauty of The Great Barrier Reef in our first whole school show.





#### Sports

Year 5 & 6 are continuing to practice their skills in the lead up to Athletics Day. The next 2 Friday afternoons will be spent preparing for our first Caboolture District Gala Day of 2024. St Paul's will be sending a T-ball team, 2 Football (Soccer) teams and 4 Netball teams on the 31st May. Any parents who are able to help manage a team or umpire/referee would be greatly appreciated. Please contact Mrs Mueller: hpeteacher@stpaulslps.qld.edu.au

Year 3 & 4 are continuing to investigate the sports events that have been deleted from the Olympic program. We have tried the caber Toss, Cannonball throw and Horse Long jump to name a few.







Year 1 & 2 are working on creating jumping, throwing or running rotation station activities for their class mates to enjoy. Prep students continue to develop their fundamental movement skills. Coming up, St Paul's Prep students will be combining many of these skills when they have their Balance Bike lesson – please refer to the previously sent parent letter for details. A great way to help students develop and even extend these building blocks of movement is through participating in physical activity. Did you know we have a convenient before school option here at St Paul's? Intennis hold weekly lessons with the amazing coach Luke. Students learn many skills including coordination, body awareness, cooperation, game skills, strength building, resilience and the list goes on.

I look forward to seeing everyone at our next big event....Athletics Day!





#### From the P & F Committee

The Mother's Day stall is always a favourite for us – watching each student consider their special people and see what they choose! The photobooth was great fun.

Another Subway day is coming, but perhaps more exciting is our Donut Day with Galactic Donuts! Yummy!

Planning is underway for our midyear disco – what songs do you want to boogy to this year!?

Big shout out to our helpers at breakfast club and the invisible doners that help us with products – lifesavers!

We have a few BBQ's coming up with sports days – who's ready to be a grill master?!

#### Monday 3rd June - Junior Sports Day

**Tuesday 4th June - Senior Sports Day** 

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**Get in Contact** Email: pfpresident@stpaulslps.qld.edu.au Facebook: St Paul's LPS Parents & Friends Group

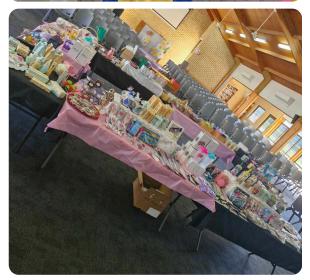
#### **Upcoming Events**

- Donut Day: 27th May - School Disco: 7th June

Stay tuned for more details on these fun-filled activities!







Mother's Day Stall

St Paul's Lutheran Primary and Kindergarten 55 Smiths Road, Caboolture QLD 4510

### **From Chappy**

We are now over halfway through Term 2, and definitely in the swing of things! It was amazing to see all the mums (and those that step up into the mother role) come and join in with our Mother's Day movie event this week. I hope you all enjoyed it as much as we did. In case Mother's Day didn't quite go as planned, I just want to remind you all that you are such a blessing to your families! James 1:17 tells us that all good and perfect gifts are from God, and you are just that – a gift from God to your family and especially your kids.

We have loads of exciting things coming up with P&F fundraisers, photo day on 27th May, our Athletics carnivals in week 8, and our production of the Magic School bus on the 13th June. I'm looking forward to catching up with you at one of our events, but until then please reach out if you or any of your family need any support.

Blessings

#### Chappy Teneille









Year 1 Performance





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#### **From the Church**



Don't miss this fun weekend hosted by St Pauls Lutheran Church, after Lunch on Caboolture. Activities include Bushwalking; Orienteering; Team Games; Campfire; Spotlight Walks; Bush Chapel. For enquiries, costs and accommodation options or to RSVP email Maria at stpaulscab@gmail.com www.glc.qld.edu.au/googa-campus

SPLC **GOOGA FAMILY CAMP 2024** Arrive from 3pm Friday 6th September **Depart sometime** 

Sunday 8th September



#### ST PAUL'S LITTLE SAINT'S PLAYGROUP

When:- Wednesday's (Term Time) Time:- 9am-10:30am Where:- Outside the Church Kitchen area **Cost:- Gold Coin Donation** Bring:- Your own snack, water bottle, sunscreen and hat. Coffee and Tea provided.





**5pm Service** Dinner 5:45pm \$5 per family

St Paul's Lutheran Church, Food, Faith, Fun Sunday@5 1<sup>st</sup> & 3<sup>rd</sup> Sundays of the month Term Time



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# DATE CLAIMERS

**May** 17th - Gala Day Training Years 5 & 6

19th - Sunday @ 5 - Year 4

20th - P & F Subway Fundraiser

21st - Year 1 Australia Zoo Excursion

21st - Prep Balance Bike Lessons -Prep B & C

21st - Arts @ St Paul's Twilight Concert

22nd - 24th - Year 4 Camp - Luther Heights

> 24th - Gala Day Training Years 5 & 6

24th - Prep Balance Bike Lessons -Prep A

27th - School Photo Day 1

27th - P & F National Donut Day

29th - Year 3 Caboolture Rail Trail Walk and Caboolture Library Visit

29th - Arts@ St Paul's Piano and Flute Soiree

> 31st - Gala Day No. 1 Years 5 & 6

**June** 2nd- Sunday @ 5 - Prep

3rd - Junior Athletics Carnival -KIndy - Year 2

3rd - Senior Athletics Carnival -Day 1 - 800 Metres

3rd & 4th - P & F Athletics Carnival BBQ

4th - Senior Athletics Carnival -Day 2

6th - Year 4 Excursion - St Helena Island

7th - P & F Disco

12th - School Show Rehearsal Day

13th - School Show Evening at Tullawong Hall

14th - Last day of Term 2

14th - Closing Worship and Wellbeing 1:30pm

#### Dates correct as of 16th of May 2024

Ph: (07) 5495 5899



GLC - Grace Lutheran College

