

NEWS @ ST PAUL'S Relon

Term 3, Week 6, 2024



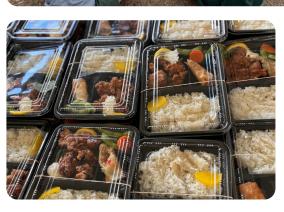
Last week, the Year 8 Japanese students from Grace Lutheran College visited St Paul's for a Bento Box Lunch Picnic. The food was fantastic, and our students enjoyed the opportunity to socialize with the college students.

Thanks Sensei Harding for putting on a lovely lunch and thankyou to Grace for joining us!











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Ph: (07) 5495 5899

From the Principal - Mrs Katrina Valencia

The Importance of Showing Up

Parenting isn't easy. One of the very best scientific predictors for how any child turns out—in terms of happiness, academic success, leadership skills, and meaningful relationships—is whether at least one adult in their life has consistently shown up for them.

In an age of scheduling demands and digital distractions, showing up for your child might sound like a tall order. But as authors Daniel Siegel and Tina Payne Bryson reassuringly explain, it doesn't take a lot of time, energy, or money. Instead, showing up means offering a quality of presence, and it's simple to provide once you understand the four building blocks of a child's healthy development.

Every child needs to feel what Siegel and Bryson call the Four S's:

Safe: We can't always insulate a child from injury or avoid doing something that leads to hurt feelings. But when we give a child a sense of safe harbor, they will be able to take the needed risks for growth and change.

Seen: Truly seeing a child means we pay attention to their emotions—both positive and negative—and strive to attune to what's happening in their mind beneath their behaviour

Soothed: Soothing isn't about providing a life of ease; it's about teaching your child how to cope when life gets hard and showing them that you'll be there with them along the way. A soothed child knows that they'll never have to suffer alone.

Secure: When a child knows they can count on you, time and again, to show up—when you reliably provide safety, focus on seeing them, and soothe them in times of need, they will trust in a feeling of security and thrive!

Based on the latest brain research, 'showing up' through honouring these Four S's in all kinds of situations is proven to have great benefit. When our kids are struggling or when they are enjoying success; when we are consoling, disciplining, or arguing with them; and even when we are apologising for the times when we don't show up for them. Demonstrating that mistakes and missteps are repairable is powerful.

It's such a simple yet profound concept. We know friendship is formed when people show up for each other. In bad times, but equally to share in the good times too. In these moments, words don't even need to be exchanged. The mere physical presence is often enough. It's interesting the effect it can have on a person, when someone shows up for them. Suddenly they can become like David, facing Goliath. Confident to step up and step forward because of who is backing them.

We are blessed by those who show up. Be reassured, that leading the way in showing up, without fail and without being asked is our loving Father.









From the Acting Deputy Principal - Mr Matt Nicholls

Resilience

What is it?

Resilience is the ability to cope when things go wrong.

Bouncing back after difficult times.

Dealing with challenges and still holding your head up.

Giving things a go or trying your best.



In Batman Begins, young Bruce Wayne has fallen down a well and been stuck for a while. He is, frightened and panics, he is hurt. When he is recued, his father places a blanket on him and sits with him. He asks, 'Why do we fall Bruce?' Young Bruce is puzzled by the question. His father responds 'So we can learn to pick ourselves up again!'

We can use the analogy in all aspects, not just literally falling. But making mistakes, being upset, being hurt, getting in trouble, making bad choices. These are all ways we fall. What matters is not the fall, but the reaction. Rising again when we fall is a skill that makes us stronger. Don't be

afraid to fall, just make sure to keep rising.







Unhelpful thinking makes you feel more upset.

Nobody is perfect. Mistakes help you learn.

 \mathbf{C} oncentrate on the good things 4 have a laugh.

Everybody feels sad 4 worried sometimes. Not just you.

Olympic Quiz Corner

How many times has Australia hosted the Olympics?

Where will the 2028 Olympics be held?

Cathy Freeman won a gold medal in which athletic event of the Sydney Olympics in 2000?



From the Head of Teaching and Learning - Mrs Emma Bird

Congratulations to all students and staff for the efforts put into our annual Learning Expo. Our students participate in 3 major Inquiry Units throughout the year over 10-12 weeks cycles, where they have the opportunity to learn about Science, HASS and Technologies in engaging and interactive ways. Our teachers work hard to create units that are rigorous, challenging and have a great depth and breadth of learning. A big thank you, again, to the Historians and Librarians at the Caboolture Hub, who helped us to learn even more about Caboolture's local history, through our investigation of the Rail Trail. We were fortunate to have two of the staff from the Hub visit our Expo and hope they were proud of what our students had learnt throughout their inquiry cycle.

Across the year levels, here is a taste of what Expo showcased:

- Prep Exploring how toys move
- Year 1 Investigating Minibeasts
- Year 2 Exploring sound through musical instruments
- Year 3 Local History of the Caboolture Rail Trail
- Year 4 Australia in the 1700s
- Year 5 Scientists and Inventors throughout History
- Year 6 Immigration



We hope that you, our school community and families, enjoyed learning more about what our students have been investigating. We also hope that you got to see the excellent work happening across Music, The Arts, Health and Physical Education and in Japanese. St Paul's is blessed to have passionate and talented Specialist teachers who create engaging and rich learning experiences for our students.

Remember, learning at St Paul's happens everyday. Expo is a wonderful way to showcase and celebrate learning, but we encourage you to be curious about what your child is learning and keep engaging with them in conversations about what they are learning throughout the year.

Thanks for walking the learning journey with your child and supporting our school community









Learning Expo























Learning Expo























Learning Expo





















Book Week @ St Paul's 2024

The Children's Book Council of Australia has invited us to celebrate the ways that reading is magic for Book Week this year.

At St Paul's we believe reading is magic because of the way it can transport you anywhere and anytime through the power of your imagination.

We're looking forward to celebrating with you all!



Book Week @ St Paul's 2024



READING IS









BOOK WEEK @ ST PAULS 2024



MONDAY 19 August

Book Blanket



ALL WEEK



Book Fair

Before & After School

Lunchtime Storytimes
with Special Guests

WEDNESDAY 21 August

Dress Up Parade

Come dressed as your favourite book character.

Parents welcome. 8:40am



FRIDAY 23 August

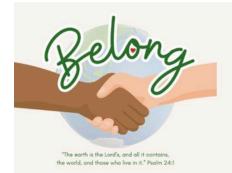
Grandparents Day



Yearbook Cover Competition



Yearbook Cover Competition





Guidelines

- **1.Theme** The theme for this year's Yearbook front cover will centre around 'belonging'. Psalm 24:1 The earth is the LORD's and everything in it, the world, and all who live in it.
- **2. Medium** Any drawing medium can be used for your creation! Pens, pencils, paint, digital art, collage, photo! Just remember it will have to be transformed into a photo for it go on front of the Yearbook!
- **3. Size and Format** Please ensure your creation is kept to an <u>A4 size</u> and is <u>portrait</u> in orientation.
- **4. Submission** Please submit your creation to reception by the due date Friday 30 August 2024. Please ensure your submission is <u>clearly labelled with your FULL name on the back.</u> Please do not put your name on the front of your creation!
- 5. Deadline Entries are due close of business Friday 30 August 2024
- **6. Eligibility** Any student is eligible to submit their creation! It must be your own work. You may like to try your hand at a couple of different mediums, so feel free to submit 1 or 2 entries per student! (please no more than 2 entries per student)
- **7. Judging Criteria** Judges will be looking for creativity, originality and adherence to the theme.
- **8. Prize** The winning creator will have their artwork displayed as the front cover of the 2024 Yearbook.
- **9. Rights and Permissions** By entering the competition, you give the school permission to use the entered creation in the 2024 yearbook and online via our social media platforms.
- **10. Rules and Regulations** Please ensure your creations are original and do not include trademarked characters, pictures, other peoples work etc.

WE CAN'T WAIT TO SEE ALL YOUR AMAZING ENTRIES!!



Grandparents Day



8:00 - 8:30	Book Fair	Book Fair
8:45 - 9:15	Chapel	Classrooms
9:15 - 9:45	Classrooms /Book Fair	Classrooms /Book Fair
9:45 - 10:15	Classrooms	Chapel
10:15 - 11:15	Picnic + Book Fair	Picnic + Book Fair

*BYO Picnic blanket and/or chair, tea and coffee provided by the P+F.

During the morning you may choose to join your

Where: St Paul's Lutheran Primary School, 55 Smiths Road, Caboolture

When: Friday 23 August, 8.45-11.15am (Book Fair open before school)

Tuckshop 'Grandparents Special' \$5.00

This tray contains veggie sticks, hummus, crackers, a baked item and small chocolate (GF/DF Avail.)

BYO Picnic/Tuckshop Special Tuckshop orders available via Flexischools ORDERS OPEN - Friday 9th August, 9am ORDERS CLOSE - Monday 19th August, 9am *Please note no later orders*

Please RSVP via the online form by 4pm Friday 16 August - RSVP



Fathers Day Afternoon



Arts @ St Paul's

Our choir students had their moment to shine during the Learning Expo in Week 5, providing entertainment for families outside the GLAD Centre on Thursday. Junior Voices performed a mash-up of three of their songs – 'It's All About the Beat', 'Woof Woof!' and 'I Wanna be a Rockstar!' They will perform the full version of the new song 'I Wanna be a Rockstar!' in our final Worship and Wellbeing service this term. St Paul's Singers sang three of their favourites – 'Octopus' Garden', 'Happiness' and 'Cover Me in Sunshine'. Our Senior Choir is all set to perform these songs and a few more for the residents of St Paul's Aged Care on Friday of Week 6.

Our Instrumental Program continues to grow with new enrolments rolling in for private lessons. We are nearly at the stage of waiting lists for most instruments.

Kids Rock Band continues to rock out every Friday (or sometimes Thursday) during 1st Break. We are looking forward to their first lunch time performance in the near future.









Sports

What a great time to be active. St Paul's is celebrating our Caboolture District Athletes who placed 2nd in our division with many of our students performing a personal best in their event.

We are supporting our Australian Olympic and Paralympic teams with our Green and Gold day and aerial photo to send them.

Year 5 and 6 have their second of three Gala Days on Friday 9th August. Our Year 3 and 4 students have their first of two Gala Days on Monday 2nd September.

There are also a range of sports right here at St Paul's - *InTennis*, *GSP Netball* and *Auskick* and *Superkick*.

















Everyone gathered on the oval to create the Olympic hashtag #AlleAus to show our support for the Aussie Athletes. Mrs Mueller also organised a series of Olympic-themed activities for the Year 5 and 6 students, adding a fun and competitive twist to their afternoon sports.



From Chappy

Clubs @ St. Paul's

We have some exciting new clubs happening at St Paul's for Term 3 &4. The kids have really enjoyed our new Robotics clubs and skipping club, along with a variety of different types of clubs we offer in play breaks for grades 1-6.

If your child would like to try something new, encourage them to head along to one of our clubs.

Blessings,

Chappy Teneille







Clubs @ St. Paul's - Term 3 & 4

Time	Monday	Tuesday	Wednesday	Thursday	Friday
BEFORE SCHOOL				Senior choir	
MORNING TEA BREAK	Makerspace	Skipping @ Green Zone Japanese Club @ Japanese Room	Jnr Robotics @ GLAD Centre Grades 1&2 Chess Club @ Undercover area Minecraft Club Yr 3 & 4 @ Yr 3 Makerspace	Footy tipping @ yr 6 Create your own Comic book @ Glad Centre	EV3s Robotics Club Grades 3- 6 @ GLAD Centre
LUNCH BREAK	GLAD CENTRE	Gardening Club @ Yr3 Gardens GLAD CENTRE	Minecraft Club Yr 5 & 6 @ GLAD Centre GLAD CENTRE	The Arts Club @ Makerspace Junior Voices GLAD CENTRE	Drawing Club @ Yr 2 GLAD CENTRE

From the P & F Committee

We have had an awesome response to our Father's Day discs - we can't wait to create these with the students for your families! Thank you to everyone who has jumped on Flexischools to order one. Only a few remain, so get in quick!

We are looking for volunteers to help out at the Father's Day stall on Wednesday 28th August – if you think you can help, please reach out via email, Facebook, or in person.

Only 3 weeks to go until our BIG announcement... what could it be?! Keep your eyes peeled around school for some clues!!





Get in Contact

Email: pfpresident@stpaulslps.qld.edu.au Facebook: St Paul's LPS Parents & Friends Group

From the Church



Team Games; Campfire; Spotlight Walks; Bush Chapel. For enquiries, costs and accommodation options or to RSVP email Maria at stpaulscab@gmail.com

www.glc.qld.edu.au/googa-campus

SPLC GOOGA FAMILY **CAMP 2024**

Arrive from 3pm Friday 6th September

Depart sometime after Lunch on Sunday 8th September



ST PAUL'S LITTLE SAINT'S PLAYGROUP

When:- Wednesday's (Term Time)

Time:- 9am-10:30am

Where:- Outside the Church Kitchen area

Cost:- Gold Coin Donation

Bring:- Your own snack, water bottle, sunscreen

and hat. Coffee and Tea provided.







DATE CLAIMERS



August

14th - Japanese Incursion - Visit from Students from Tokyo

16th - Year 1 Incursion - Ascent Footwear Lace Lessons

16th - SPLPS Choir Aged Care Performance

16th - Gala Day Training Year 3 and 4

19th to 23rd - Book Fair

19th to 23rd - Book Week (19th Book Blanket, 21st Book Parade)

23rd - Grandparents Day

23rd - Gala Day Training Year 3 and 4

26th - Taste of Grace Morning Session - Year 5

27th - Japanese Incursion- whole school run across two sessions 9:30am and 11:10am

28th - P&F Father's Day Stall

29th - Father's Day Event 3:30-5:00pm

30th - Gala Day Training Year 3 and 4

September

2nd - Northern Cluster Gala Day Number 1 - Year 3 and 4

4th - Early Educators and OSHC Day 2024

6th - Year 1A Excursion to GLC - Drama Performance

9th - P&F Subway Fundraiser

13th- Last Day of Term 3 - Free Dress - Genes for Jeans Day









Year 4 - Measuring Distance recording how far their paper planes could fly!

Dates correct as at 13 August 2024

